

Climbing Gym Terms of Use

●Climbing is a Dangerous Sport●

Before using our gym, carefully read the "Confirmation" and "Gym Terms of Use" and sign the pledge. Please show reception your members card each time you visit the gym. There is an inherent danger with any sport. Climbing is no exception. There is always a risk for serious accidents or injuries including fatal. Please enjoy climbing while fully understanding such risks.

●Facility Usage Precautions●

Be aware of what's above you at all times while in the gym, especially the 160° roof section as the ceiling is low. Attached to the wall with bolts are stone-shaped pieces of plastic used to guide your hands and feet called "holds". On rare occasions these holds may suddenly rotate or crack and fall. Also, belongings from people climbing may fall, so always watch your head and never enter the space beneath someone who is climbing.

●Bouldering Points of Caution●

- A thick mat is laid throughout the bouldering area to ensure safety, but if you fall in an awkward position, you may get injured (particularly ankle sprains, bone fractures, etc.) Be aware that there are gaps between the mats and the wall. The shock of falling in these gaps or anywhere off the mats will not be absorbed. Please understand that the presence of a mat does not mean you are completely safe from injury.
- In addition to individual accidents, if people in the area are not always aware of their surroundings, accidents involving other people (contact with other people) may occur. Be careful to ensure that your own actions do not injure yourself or others, and that you are not injured by the actions of others. You use this facility at your own risk.
- Please do not sit on the mats. When climbing a high route (top-out, etc.), ask the staff or anyone around you for a spot (support) before attempting the climb.
- When falling onto the mat, first make sure where you will land is safe and clear of obstructions and gaps, and use your knees to absorb the shock by landing on both feet. Landing on your back or chest is dangerous. Please note that a bad landing posture may result in fractures, sprains, dislocations, etc.
- Since the climbing wall is made of wood, there may be splinters or nails on the top part of the wall and on volumes and wall features. Please do not grip areas other than the arête of the 135° and 160° walls.
- When climbing near other people already on the wall, pay attention to their route of progression to ensure your climbing route does not collide with them. Keep a good line of communication with others while you climb.
- If you lose your members card, you will need to pay 250 yen (tax included) for a new one.
- Those who have a chronic illness (those who have difficulties dealing with epilepsy, etc.) should properly take their medication and avoid excessive amounts of exercise.

● Facility/Locker Terms of Use ●

- Chalk with rosin (pine resin) is not allowed in this facility.
- Be sure to set your own 4 digit code before locking your personal locker.
- If an item housed in a locker is damaged or contaminated as a result of an item previously housed in the same locker, the owner of the previous item is responsible and thus expected to reimburse the damages.
- The gym is not responsible for the theft or damage of any items (including valuables) brought in by a customer, or any personal injury of a customer, regardless of the cause.
- If the building, equipment, furniture, rental equipment therein, etc. is damaged or lost, full compensation will be requested for the damage.
- These terms of use may be changed without notice.

